New York Flyers Running Club Waiver and Code of Conduct

Waiver

_____ [NAME OF MEMBER] am a member I agree that I, _____ of the New York Flyers Incorporated running club (hereinafter "the club") or a participant in a club event, and I know that running in and volunteering for organized group runs, social events, and races associate with the club are potentially hazardous activities, which could cause injury or death. I will not participate in any club-organized events, group training runs or social events (collectively "club event"), unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained. I agree to abide by all rules established by the club, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the club and agree to abide by them. I assume all risks associated with being a member of the club and participating in all club activities, which may include but not limited to: falls, physical contact with other participants/members, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants/members, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having

read the CDC's guidance at: https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html. I assume all such risks being known, appreciated, and accepted by me.

I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals, and personal music players are not allowed in club organized runs or events, and I will abide by all rules of the club. Having read this waiver and knowing these facts and in consideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the New York Flyers Incorporated and the Road Runners Club of America, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the club activities, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in any activities associated with the club. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in any club activities, and personally assume this risk.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of the club for any legitimate purposes. I understand that the club does not provide for refunds in the event of cancellations of services, and by signing this waiver, I consent that I am not entitled to a refund if any club activities, including events are cancelled.

Signature	•
Date:	

NEW YORK FLYERS CODE OF CONDUCT

All members of the New York Flyers Incorporated running club (hereinafter "the club"), agree to the following as conditions of their membership in the club:

- 1. I will be respectful of others (teammates and non-teammates). I will not engage in harassment or discriminatory behavior by any means at any club in-person gatherings including, but not limited to, group runs, races, social events and seminars, or via electronic communication or social media. Harassment or discriminatory behavior is any conduct that creates a hostile or threatening environment including, but not limited to, bullying, hostile comments, name calling, unwanted physical or sexual contact, verbal harassment, unwanted innuendo, or other behavior that intentionally demeans a person based on her or his age, athletic ability, ancestry, color, disability, ethnic background, familial status, gender identity or expression, genetic information, national origin, race, religious creed, sex, or sexual orientation.
- 2. I will behave in a manner that does not put others at risk and does not reflect negatively on the club.
- 3. I will participate in races only on behalf of the club and will not be affiliated with any other running team.
- 4. I will abide by the rules set forth by the organizers of the races and athletic events that I participate in. I will not engage in prohibited conduct including, but not limited to, utilizing performance enhancing drugs, course cutting, banditting (running a race I have not registered for), bib muling (running with someone else's race number) and the unauthorized selling, buying, or transferring of race bibs.
- 5. I will not use club resources for personal benefit or business gain unless the subject activity has prior approval from the Executive Board of the club.

6. I will report violations of the Member Code of Conduct to the Executive Board in writing including, but not limited to, via email to: eb@nyflyers.org. I understand that my failure to abide by the New York Flyers Code of Conduct may result in disciplinary actions against me up to and including, but not limited to, suspension and expulsion from the club