

The New York Flyers was founded in 1989, with the goal of establishing a running club open to individuals of all athletic abilities and experience levels. In 1991, the Club's objectives were expanded to embrace multi-sport activities, such as duathlons and triathlons. Although the Club organizes scores of social and volunteer opportunities, those activities are secondary and members are expected to embrace the Club in sports activities.

Therefore:

1) Members may not run for another club.

Exceptions:

- a) Temporarily racing for a charity, such as Fred's Team and the Leukemia Society.
- b) Competing in multi-sport events, although members are expected to race as Flyers or unaffiliated in run-only events.
- c) Entering an out-of-town race that does not recognize the Flyers as a club. However, when those races do not restrict what club an applicant may declare, members are expected to race as Flyers or unaffiliated.

2) New members who are part of another club must:

- a) Either stop racing for the other club or drop the Flyers membership
- b) Avoid racing as a Flyer within 90 days of racing under another club. Although the membership director will make all efforts to check when approving an application, it is the runner's responsibility to declare such previous affiliation.

3) Members may join other clubs as long as they do not run for them and the other club has no restriction on dual membership.

The executive board will be permitted to make exceptions on a case-by-case basis.